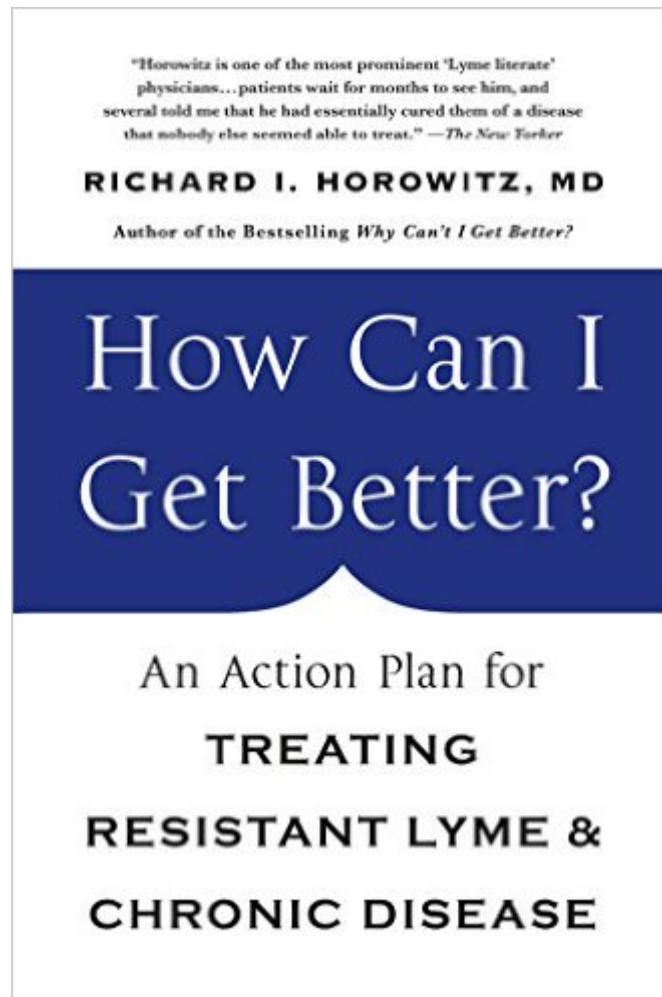


The book was found

How Can I Get Better?: An Action Plan For Treating Resistant Lyme And Chronic Disease



Synopsis

Dr. Horowitz is one of the most prominent Lyme literate physicians. Patients wait for months to see him, and several told me that he had essentially cured them of a disease that nobody else seemed able to treat.

The New Yorker If you have suffered from unexplained, chronic or hard-to-treat illness, this book is your pathway to health.

Mark Hyman, #1 New York Times bestselling author of The Blood Sugar Solution on Why Can't I Get Better? From Dr. Richard I. Horowitz, one of the country's foremost doctors, comes a ground-breaking book about diagnosing, treating and healing Lyme, and peeling away the layers that lead to chronic disease. Are you sick, but can't find any answers why? Do you have a seemingly unconnected collection of symptoms that leave doctors guessing? Or have you been diagnosed, but found that none of the treatments seems to make a difference? You may have Lyme disease and not even know it. Known as the great imitator, Lyme disease and its associated co-infections can mimic the symptoms of and often be misdiagnosed as Chronic Fatigue Syndrome, fibromyalgia, rheumatoid arthritis, lupus, multiple sclerosis, and even depression, anxiety, obsessive-compulsive disorder, and psychosis. In his landmark book, *Why Can't I Get Better?: Solving the Mystery of Lyme & Chronic Disease*, renowned internist and leading world expert Dr. Horowitz introduced his revolutionary plan for treating Lyme disease, and chronic diseases in general. Now, in this new handbook *How Can I Get Better?*, Dr. Horowitz updates his research and offers a direct, actionable step-by-step plan for implementing his 16 MSIDS Diagnostic Map. You will find:

- *The latest pertinent information on the most important scientific discoveries
- *Emerging research on bacterial persister bacteria that can survive antibiotics
- *and new therapies to get rid of them
- *A seven-step action plan that patients and doctors can follow to ensure better health.

Book Information

Paperback: 400 pages

Publisher: St. Martin's Griffin (February 14, 2017)

Language: English

ISBN-10: 1250070546

ISBN-13: 978-1250070548

Product Dimensions: 5.5 x 0.3 x 8.3 inches

Shipping Weight: 1.1 pounds (View shipping rates and policies)

Best Sellers Rank: #29,470 in Books (See Top 100 in Books) #20 in Books > Medical Books > Medicine > Internal Medicine > Pathology > Diseases > Viral #25 in Books > Medical Books >

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Lyme Disease Care and Prevention Lyme Brain: The Impact of Lyme Disease on Your Brain, and
How To Reclaim Your Smarts The Lyme Diet: Nutritional Strategies for Healing from Lyme Disease
Heart Disease: Heart Disease Prevention And Reversal Guide To Prevent Heart Disease And
Reverse Heart Disease With Heart Disease Prevention Strategies And Heart Disease Diet Advice
Chronic Kidney Disease: The Ultimate Guide to Chronic Kidney Disease: Diet, Prevention, Early
Detection and Fast Treatment! (Kidney Stones, Kidney Disease Solution, Kidney Health) Nutrition:
The Resistant Starch Bible: Resistant Starch - Gut Health, Fiber, Gut Balance (Gut Balance,
Glycemic, Natural Antibiotics, Dietary Fiber, SIBO, Soluble Fiber, Healthy Gut) Healing Lyme:
Natural Healing of Lyme Borreliosis and the Coinfections Chlamydia and Spotted Fever
Rickettsiosis, 2nd Edition The Better Bladder Book: A Holistic Approach to Healing Interstitial
Cystitis & Chronic Pelvic Pain[THE BETTER BLADDER BOOK: A HOLISTIC APPROACH TO
HEALING INTERSTITIAL CYSTITIS & CHRONIC PELVIC PAIN] by Cohan, Wendy (Author) on
Nov-09-2010 Paperback Sleep Smarter: The Ultimate Guide To Sleep Better, Feel Better By Having
Healthy Sleeping Habits (sleep smarter, sleep better, healthy sleep habits, sleep ... healthy sleep,
sleep apnea, feel better) Herbal Antibiotics, 2nd Edition: Natural Alternatives for Treating
Drug-resistant Bacteria Herbal Antibiotics: Natural Alternatives for Treating Drug-Resistant Bacteria
(Medicinal Herb Guide) Self-help Treatment for Chronic Fatigue Syndrome, M.E, Fibromyalgia and
Adrenal Fatigue: The Sensitive's Solution: FREE Support Group (Chronic Fatigue Syndrome, M.E,
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Plan for Treating Environmental and Food Allergies, Chronic Sinus Infections, Asthma and Related
Conditions Gum Disease Cure (Gum Disease Cure, Periodontal Disease, Gum Disease, Gum
Infection, Gingivitis treatment, Tooth Decay) Allergies: Fight them with the Blood Type Diet: The
Individualized Plan for Treating Environmental and Food Allergies, Chronic Sinus Infections, ... Eat
Right 4 Your Type Health Library) Treating & Beating Fibromyalgia and Chronic Fatigue Syndrome:
a step-by-step program proven to help you get well again! THYROID: Hashimoto's Thyroiditis Cure:
Holistic Self-Care Guide for Thyroiditis (Self-Help Alternative Medicine Action Plan to Heal

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